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Uncovering the truth about cat-scratch disease

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ABSTRACT

Cat-scratch disease (CSD) is a systemic infection caused by the facultative, rod-shaped, nonmotile, Gram-negative, intracellular zoonotic bacillus *Bartonella henselae*. The bacteria responsible for CSD were not discovered until decades after the condition was first characterized in 1931. The prevalence of CSD is more common in warm, humid areas and is typically seasonal, peaking in the fall and winter. The pathogenesis of CSD starts when a tiny wound from an infected cat's bite or scratch allows the bacteria *B. henselae* to enter the human body. The innate immune system, which includes neutrophils and macrophages, is activated as an initial reaction. Histological examination of skin lesions and lymph nodes in immunocompetent people early in the clinical phase of CSD revealed lymphoid hyperplasia and arteriolar proliferation. The best initial test for CSD is an enzyme-linked immunosorbent assay or an indirect fluorescence assay. Bacteremia is typically asymptomatic in cats that are naturally infected with *B. henselae*. In humans, *B. henselae* can spread and infect the liver, spleen, eyes, and central nervous system in certain people. Cat fleas (*Ctenocephalides felis*) are the main vectors of *B. henselae* transmission. The zoonotic nature of CSD makes it a public health concern because it can be transmitted from cats to people. Treatment strategies for *Bartonella* infections differ according to the patient's immunological status and clinical signs. The research on the effectiveness of antibiotics in vitro and in vivo differs significantly. Eliminating fleas from cats and preventing severe injuries from cats are two ways to prevent CSD.

Keywords: *B. henselae*, cat, CSD, public health, scratch.

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Introduction

For more than 10,000 years, people have kept dogs and cats as pets. In contemporary metropolitan civilizations, they have become commonplace as “pets” and have shared our surroundings (Jaroš, 2021; Moreira et al., 2024). Healthy dogs and cats have hundreds of different harmful bacteria, including *Bartonella* species, in their oral cavities (Álvarez-Fernández et al., 2018). There are around 30 species of facultative intracellular bacteria in the genus *Bartonella*, which are found in mammals and other vertebrates, including humans (Okaro et al., 2017). Cat-scratch disease (CSD) is a systemic infection caused by the facultative, rod-shaped, nonmotile, Gram-negative, intracellular zoonotic bacillus *Bartonella henselae* (Okaro et al., 2021). The bacteria responsible for CSD were not discovered until decades after the condition was first characterized in 1931 (Opavsky, 1997).

The prevalence of human infections caused by *Bartonella* species is rising globally. The bite or scratch of an infected animal can infect humans, resulting in chronic blood bacteremia (Jurja et al., 2022). CSD is likely the most prevalent cause of chronic lymphadenopathy in children and adolescents, typically affecting the lymph nodes that drain fluid from the inoculation site in the skin or conjunctiva (Waseem et al., 2023). Only 10%–20% of cases occur in adults (Nelson et al., 2016). This illness typically manifests as a self-limiting, benign condition with painful regional lymphadenopathy that lasts for 3 weeks or longer (Jurja et al., 2022). Furthermore, there are case reports of CSD that describe atypical clinical symptoms, including severe chronic systemic illness, osteomyelitis, arthritis, and involvement of the central nervous system (Maman et al., 2007).

Cat erythrocytes and fleas contain *B. henselae*, which can contaminate saliva and eventually infect humans through bites and scratches (Chomel et al., 2006). *Ctenocephalides felis*, commonly known as cat fleas, are vectors that spread disease horizontally from cat to cat and can infect people through bites or scratches (Mosbacher et al., 2010). Dogs may be involved in human *B. henselae* infections, according to a recent Japanese report of a potential case of CSD brought on by contact with dogs (Iannino et al., 2018). Infection-infected cats are typically asymptomatic, although they can develop neurological disease and experience anterior uveitis, lymphadenitis, gingivitis, and stomatitis (Girma et al., 2019). In healthy cats, no significant clinical symptoms of CSD were observed.

CSD is found in every part of North America and is widespread worldwide (Nelson et al., 2016). The disease is most common from August to October in northern temperate countries, typically in warm, humid climates. In the US, 22,000 new cases of CSD occur annually (Nawrocki et al., 2020). Cats are not particularly exposed through sharing food or water or through casual or sexual interactions (Tan et al.,

2020). A history of cat exposure is crucial, but it is not always required to be diagnosed after coming into touch with an infected cat. The treatment of CSD varies according to the clinical manifestation of the disease. Antibiotics are not necessary for the majority of patients, particularly youngsters, who develop self-limiting lymphadenopathy over the course of two to eight weeks (Bruni et al., 2024).

Although reports of additional clinical symptoms linked to this disease are growing, regional lymphadenopathy is the most prevalent clinical characteristic of CSD (Shin et al., 2014). When combined with the high prevalence of asymptomatic *Bartonella* infections in both humans and animals, this could make it challenging to establish the organism’s causative role and lead to an underdiagnosis of the disease. The current state of affairs demonstrates the growing significance of CSD as a new public health risk factor. The objective of this review is to present the literature on CSD, highlighting its public health impact on low-income countries and the scarcity of information regarding the disease.

Etiology

Bartonella belong to the α -2 subgroup of proteobacteria and the family *Bartonellaceae*. They are facultative intracellular Gram-negative (rod-shaped) bacteria that are not motile (Biswas and Rolain, 2010). As of 2023, more than 35 species and potential species of *Bartonella* are known to exist in mammals, the majority of which lack sufficient characterization (Luo et al., 2023). The bacterium that causes CSD most frequently is *B. henselae* (previously *Rochalimaea henselae*); however, other feline species, such as *Bartonella* (*Bartonella clarridgeiae* and *Bartonella koehlerae*), can also cause some instances (Regier et al., 2016). The Warthin–Starry silver impregnation staining method can be used to observe these organisms (Florin et al., 2008). This bacterium was recently shown to have Gram-negative staining properties that ranged from 0.2 to 0.3 microns in diameter and from 0.5 to 1.5 microns in length using the Brown–Hopps tissue Gram staining method (Diddi et al., 2013).

History

Robert Debre, a pediatrician at the University of Paris in Paris, France, was the first to characterize CSD in 1931. The patient observed that a youngster with significant cat scratches on his ipsilateral hand had suppurative adenitis in the epitrochlear region. Although the findings of every bacteriological investigation were negative, he had a suspicion that the illness and interaction with cats were connected. He documented a number of like instances in the ensuing years and came up with the phrase “CSD” (Albert et al., 2021).

Dr Franklin Hangar, a professor in the Department of Medicine at Columbia University in New York, NY, USA, was treated in 1946 for fluctuating epitrochlear and infraclavicular lymphadenitis, while his colleague, Dr. Harry Rose, obtained sterile pus from Hangar’s lymph nodes and performed skin tests on him. A surgeon

who had previously had a similar condition after other bacteriological examinations had failed. Both tests were positive (Moriarty and Margileth, 1987). After some time, it was discovered that Hangar had a “very aggressive Siamese cat.” When researching tularemia, Hangar learned about Dr Lee Foshay, a microbiologist at the University of Cincinnati in Cincinnati, Ohio, who was also taking CSD into account as an entity (Harvey et al., 1991).

In 1947, Debre met Foshay, who also provided him with some of the antigens used in the Hangar skin test. It was discovered that Dr. Pierre Mollaret and other medical professionals at the Pasteur Institute had also developed antigens for intradermal testing when Debre presented his first case report at the Société Médical des Hôpitaux in France in 1950. Although they did not fully comprehend the significance of cats, as Debre did, Mollaret and colleagues authored an essay that effectively established the disease as we know it today (Albert et al., 2021).

In 1983, tiny Gram-negative pleomorphic bacilli were found in the lymph nodes of patients with CSD using silver impregnation staining, marking the first evidence of an etiologic agent (Wear et al., 1983). The organism was termed *Afipia felis* when it was grown. The significance of *A. felis* in CSD remains unknown, although recent serological, skin test, microbiological, and molecular investigations have strongly demonstrated that *B. henselae* (previously *R. henselae*) is the predominant causative agent of CSD (Opavsky, 1997). The four species of *Bartonella* are as follows: *B. henselae* and *Bartonella quintana* are most frequently linked to human illness, whereas *Bartonella elizabethae* seldom causes illness in persons with impaired immune systems. *Bartonella vinsonii* is not linked to human infection (Cheslock and Embers, 2019).

Classic CSD typically affects immunocompetent patients and is most commonly associated with necrotizing granulomatous lesions caused by *B. henselae* (Shasha et al., 2014). In individuals with impaired immune systems, proliferative vascular lesions are more commonly linked to *B. quintana*, the causative agent of trench disease during World Wars I and II (Karem et al., 2000). It is crucial to understand that *B. quintana* rarely results in granulomatous lymphadenitis and that *B. henselae* can occasionally induce angiomatous lesions in immunocompromised patients (Okaro et al., 2017). *B. quintana* has also been linked to ectoparasites, including fleas and scabies, as well as contact between dogs and cats (Tsai et al., 2011).

Epidemiology

The prevalence of CSD is more common in warm, humid areas and is typically seasonal, peaking in the fall and winter (Windsor, 2001). This may be attributed to cat breeding habits or the purchase of pets during these seasons. There was a correlation between the

highest incidence of *B. henselae* antibodies in the cat population and the highest prevalence of clinical illness (Nasirudeen and Thong, 1999). It has been demonstrated that cats less than 1 year old have higher amounts of *B. henselae* bacteremia and antibodies to the parasite, and one study discovered that wild cats had higher levels of both antibodies than domestic cats (Stepanić et al., 2024). Although *B. henselae* is believed to be transmitted from cats to people through the cat flea *C. felis*, it is transmitted between cats through this bug (Bouhsira et al., 2013). Human–human transmission has not been documented.

Cats with CSD are found all over the world; reports of classic *Bartonella* infection have been published in the United States (Nelson et al., 2016), Europe (Razgūnaitė et al., 2021), Japan (Kikuchi et al., 2002), Australia (Flexman et al., 1995), and New Zealand (Kelly et al., 2004). According to seropidemiological research, *B. henselae* infections in domestic cats are found all over the world, and depending on the region, between 4% and 80% of cats have antibodies to the parasite (Stepanić et al., 2024). The duration of bacteremia in household cats can range from a few weeks to several years. Cats younger than 1 year old are more likely to develop bacteremia than older cats (Chomel et al., 1995). Significant regional differences in the prevalence of *B. henselae* types I (Houston I) and II (Marseille) have been observed in domestic cat populations. The majority of *B. henselae* isolates in East Asia are type I, although type II is the most prevalent strain in most European countries (Bai et al., 2015). In developing nations, there is an urgent need for more epidemiological research on a range of animal and arthropod species, as well as the public health implications of this zoonotic bacteria.

Human cat-scratch disease, which is caused by *B. henselae*, is found all over the world. However, in the majority of nations, this illness is not a human sickness that requires reporting. The disease has been reported in France (Sanguinetti-Morelli et al., 2011), the US (Nelson et al., 2016), Switzerland (Mainardi et al., 1998), Spain (Alonso et al., 2021), Germany (Jendro et al., 1998), Italy (Brunetti et al., 2013), the UK (López-Rueda et al., 2024), Japan (Tsukahara, 2002), The Netherlands (Bergmans et al., 1997), Canada (Jurja et al., 2022), and Australia (Flexman et al., 1995). Only a few cases were reported in the UK after the late 1970s, which might have been caused by the discontinuation of the skin antigen test because of safety concerns (Opavsky, 1997). In temperate climates, the incidence of CSD cases is increased throughout the fall and winter months (Sanguinetti-Morelli et al., 2011). In the US, there are 22,000 occurrences of CSD, leading to over 2000 hospitalizations and costs of \$12 million annually (Jackson et al., 1993).

CSD is most common in the fall and winter in temperate climates; seasonal variations in disease prevalence are rarely observed in tropical regions

(Windsor, 2001). However, in the majority of nations, human CSD cases are not often reported. As a result, there is insufficient evidence to pinpoint the precise incidence or prevalence of *Bartonella* infections. In 1992, there were between 22,000 and 24,000 cases of CSD in the US, with 2000 of those cases resulting in hospitalization (Reynolds *et al.*, 2005). Unusual vascular proliferative lesions, known as bacillary angiomatosis and bacillary peliosis, are seen in people with weakened immune systems who have contracted *B. henselae* or *B. quintana* infections. These lesions are also associated with vascular proliferation in animals (Williams *et al.*, 2002). The study demonstrated that among HIV-positive individuals who experienced fever, 68 out of 382 patients (18%) had evidence of *Bartonella* infection as determined by PCR testing, indirect immunofluorescent antibody (IFA) testing, or bacteriological culture (Santos *et al.*, 2000).

Public health importance

The zoonotic nature of CSD makes it a public health concern because it can be transmitted from cats to people. CSD disproportionately affects children and contributes to a significant national illness burden (Reynolds *et al.*, 2005). Comprehensive flea treatment for cats can help lower the risk of infection in people because CSD is a zoonotic infection that is sustained and spread among cats by fleas (Nelson *et al.*, 2016). Handwashing after interacting with cats can also lower the danger because flea feces can burrow into injured skin (Jurja *et al.*, 2022). Furthermore, limiting cat hunting activities may lower the risk of infection in humans because cats that hunt outdoors are far more likely to get *B. henselae* bacteremia (Stepanić *et al.*, 2024). The target audience for educational initiatives should be cat owners, particularly those with immunocompromised conditions or those who have youngsters living with them (Nelson *et al.*, 2016). To clarify the causes of the epidemiological variations identified in this study and risk factors for severe illness, further investigation is required.

Humans possess antibodies to *B. henselae* are rather common, and many have never had cat-scratch illness. According to certain research, at least half of healthy children and adolescents have antibodies to this organism, with reported seroprevalence rates in the general population ranging from less than 1% to 25% or more (Nelson *et al.*, 2016). Antibodies to certain organisms, especially those carried by rats, have been found in up to 10%–15% of persons, with greater rates among injectable drug users residing in impoverished areas. However, relatively few surveys have examined exposure to other *Bartonella* species (Smith *et al.*, 2002).

CSD primarily affects youngsters but can also sometimes affect adults (Busen and Scarborough, 1996). The symptoms are typically benign and self-limiting if the patient is in good health. The majority of healthy people, even those with neurologic

involvement, fully recover and very little die (Girma *et al.*, 2019). About 100 clinical instances of endocarditis were reported between 2006 and 2013, and it is believed that endocarditis, typically the most severe consequence of a *Bartonella* infection, accounts for $\leq 3\%$ of all occurrences of infectious endocarditis in Europe (Charles *et al.*, 2023). People with significantly compromised immune systems are more likely to suffer from serious illness, which can be lethal if treatment is not provided. CSD seldom recurs in healthy individuals, but reinfection is more common in those with weakened immune systems (Jurja *et al.*, 2022).

Transmission

Cat fleas (*C. felis*) are the main vectors of *B. henselae* transmission. Most likely, flea feces are inoculated onto mucous membranes or torn skin, including the skin from flea bites (Duscher *et al.*, 2018). This organism can live for 3 days in the feces of fleas and is excreted for at least 9 days following infection. Fleas also seem to spread several other species of *Bartonella*, and other arthropods such as flies (such as bat flies), keds, fleas, sand flies, ticks, and parasites found in bird nests have been proven to carry or may carry some organisms (Cheslock and Embers, 2019).

Although sharing food or water containers and casual contact do not seem to be major exposure sources for cats, blood can spread *B. henselae* (e.g., transfusion and reuse of contaminated needles) (Pennisi *et al.*, 2013). In a cat experiment, *B. henselae* was not transmitted during intercourse between bacteremic female cats and uninfected male cats (Stützer and Hartmann, 2012). Bacteremia in cats can last for weeks to months after infection, and some findings suggest that intermittent and variable bacteremia can last for 2 to 3 years (Chomel *et al.*, 2003). Recent research cannot rule out the likelihood of reinfection. The CSD transmission process is shown in Figure 1.

A highly sensitive PCR technique was used in one study to detect *B. henselae* DNA in the fetal tissue of many wild cats, but no evidence of transmission to kittens was identified in two investigations that injected cats with the parasite before or during pregnancy (Sander *et al.*, 1999; Hansmann *et al.*, 2005). Transplacental transmission of *Bartonella* appears to be conceivable but uncommon in rodent offspring, whereas studies of pregnant cows infected with *B. bovis* have not revealed any evidence of transfer to their calves. However, *B. henselae* has been recorded at least once in the viscera of aborted foals (Chastant-Maillard *et al.*, 2015).

Risk factors

Risk factors that make a cat more likely to experience a flea infestation and thus become infected with *Bartonella* include coming from a stray cat, coming from a shelter or animal welfare group, living in a household with many cats, going outdoors frequently, and living in a hot and humid area (Guptill *et al.*, 2004). There are reports linking tick exposure to an increased

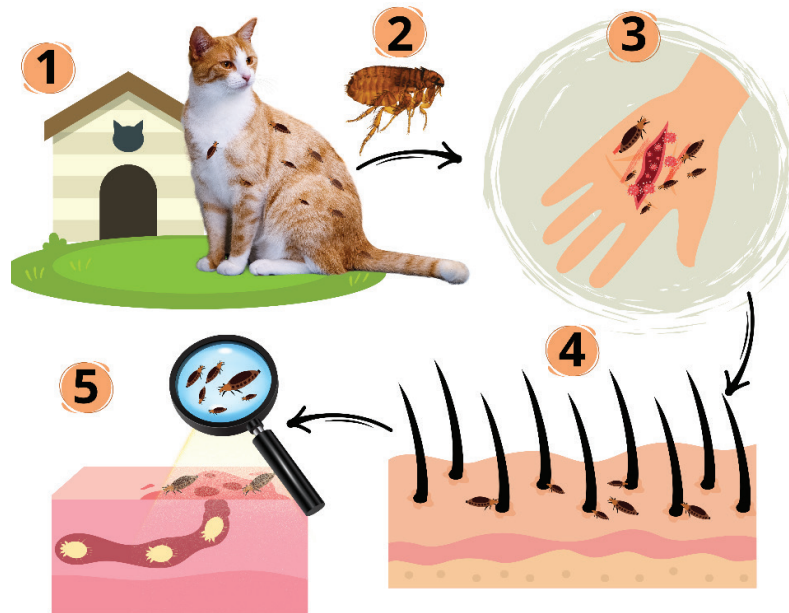


Fig. 1. Transmission process of cat-scratch disease (CSD) caused by *B. henselae*. The process begins when a domestic cat is infested with fleas, which act as the primary carriers of the bacteria (1). Fleas (*C. felis*) play a key role as vectors that transmit bacteria to cats (2). When an infected cat bites or scratches a human, it creates an entry point for the bacteria to enter the human body (3–4). Once inside, *B. henselae* spreads through the bloodstream (5), highlighting the systemic nature of the infection.

risk of CSD in people (Wang *et al.*, 2024). Likewise, exposure to ticks was found to be a risk factor for dogs' seropositivity to subspecies of *Bartonella vinsonii berkhoffi* (Pappalardo *et al.*, 1997). Further research is necessary to determine the precise function ticks play in the spread of *Bartonella*. Nonetheless, a number of recent studies have documented a high frequency of infections by *Bartonella* species in ticks from various global locations (Álvarez-Fernández *et al.*, 2018). The chance of developing CSD is increased by frequent contact with cats, particularly kittens, owning or being around a cat that has fleas (Sepúlveda-García *et al.*, 2023). The danger of infection will increase in people with open wounds if an infected cat bites, scratches, or licks the wound (Jurja *et al.*, 2022). Serious consequences of CSD are more likely to occur in people with compromised immune systems (James and Thozhuthumpambal, 2021). CSD is more common in children than in adults, particularly in those aged 5–9 years (Amin *et al.*, 2022). Additional risk factors include not cleaning cat scratches or bites immediately and working with cats, such as veterinarians and animal groomers (Zangwill *et al.*, 1993).

Clinical signs

Because the *Bartonella* species appear to be asymptomatic, nothing is known about their significance as an animal infection. The inquiry is made more difficult by the high rate of infection in healthy

animals, the uncertainty surrounding the diagnostic tests for this organism, and the potential for coinfection with other bacteria (Zangwill *et al.*, 1993).

Bacteremia is typically asymptomatic in cats that are naturally infected with *B. henselae* (Regnery and Tappero, 1995). In experimental trials, the majority of cats injected with this organism either showed no symptoms at all or only mild clinical signs, such as eosinophilia, reproductive abnormalities, mild transient anemia, mild nonspecific febrile illness, mild transient behavioral or neurologic symptoms, or inoculation site response (Jurja *et al.*, 2022). A necropsy showed myocarditis in a very sick cat with a flea infection, which may have prevented the cat from mounting a strong immune response to the illness (Breitschwerdt, 2014). Demonstrating that *Bartonella* causes sickness in naturally afflicted cats is extremely difficult.

In humans, *B. henselae* can spread and infect the liver, spleen, eyes, and central nervous system in certain people. Patients with localized disease typically have a self-limiting condition, whereas those with widespread disease may face potentially fatal outcomes (Lamps and Scott, 2004). The most prevalent clinical sign of CSD is chronic lymphadenopathy (Waseem *et al.*, 2023). Common symptoms include red, aching, and warm lymph nodes (Jurja *et al.*, 2022). Common but minor symptoms include fever and systemic symptoms such as headache, lethargy, malaise, and anorexia (Waseem

et al., 2023). Only one lymph node is affected in most patients (around 50%–85%), with the most common lymph nodes being the axillary and epitrochlear, head and neck, and inguinal (Sulaiman *et al.*, 2023).

In immunocompetent patients, CSD is characterized by benign regional lymphadenopathy caused by *B. henselae* (Kunz *et al.*, 2008). Papules and then pustules appear at the inoculation site 7–12 days after experiencing a cat scratch or bite. One to three weeks following inoculation, regional lymphadenopathy may develop and persist for a few weeks to months (Lin and Saccoccio, 2023). Patients with CSD encephalopathy usually fully recover without any problems in a year (Fan and Ali, 2020). Recently, *B. henselae* has been identified as a frequent cause of both protracted fever and fever of unknown origin in youngsters. Young people with *Bartonella* infections are also at risk of rheumatic symptoms (Al-Matar *et al.*, 2002).

Bacillary angiomatosis is one of the most prevalent clinical signs of *Bartonella* infection in people with immune system abnormalities (Sala *et al.*, 2005). Patients with *B. bacilliformis* have chronic vascular proliferative lesions that are histologically and clinically identical to those caused by the bacteria (Rotundo *et al.*, 2024). Bacillary angiomatosis lesions are more likely to occur in HIV-positive individuals with a CD4+ cell count 50/mm³. Histological analysis of cutaneous bacillary angiomatosis revealed a tumor-like growth pattern with epithelioid endothelial cells and significant capillary proliferation (Jung and Paauw, 1998).

Pathogenesis

The pathogenesis of CSD is poorly understood. The pathogenesis of CSD starts when a tiny wound from an infected cat's bite or scratch allows the bacteria *B. henselae* to enter the human body. The bacteria will then proliferate locally in places like the skin and lymph nodes close to the wound (Jurja *et al.*, 2022). After entering the body, the bacteria go to the lymphatic system, where they mostly impact the lymph nodes close to the infection entry site. As a result of this process, the primary symptom of CSD is lymphadenopathy or swelling of the lymph nodes (Hong *et al.*, 2017). Additionally, these bacteria may trigger an inflammatory response in the surrounding tissue, leading to discomfort, swelling, and redness (Harms and Dehio, 2012). These signs may last for a few weeks.

Bartonella henselae often only produces mild to moderate symptoms in healthy persons, but in patients receiving immunosuppressive therapy or those with compromised immune systems, such as those with HIV/AIDS, the infection can be more problematic (Mosepele *et al.*, 2012). Rarely, the bacteria may move to the liver, eyes, or heart, where they may result in more severe adverse effects, such as endocarditis and eye conditions (Charles *et al.*, 2023). T and B cells play crucial roles in the body's immune response to

this infection (Jin *et al.*, 2023). The infection may become persistent depending on the immune status of the infected individual.

Pathology

Histological investigation of skin lesions and lymph nodes in immunocompetent people early in the clinical phase of CSD revealed lymphoid hyperplasia and arteriolar proliferation (Ridder *et al.*, 2005). Stellate abscesses arise as granulomas with multinucleated giant cells that coalesce occasionally later due to necrosis and infiltration of neutrophils (Hansmann *et al.*, 2005). The cooccurrence of granulomas and abscesses supports CSD; however, these findings can also be observed in biopsies of patients with tularemia, tuberculosis, and lymphogranuloma venereum (Guarner, 2012).

The visibility of bacilli with Warthin–Starry silver staining is another histologic feature that aids in distinguishing CSD from other infections; nevertheless, the diagnosis is not ruled out if bacilli are not seen when using this method (Peng *et al.*, 2020). *Bartonella henselae* cannot be distinguished from other *Bartonella* species using this staining method. If bacilli are seen, they are seen in blood vessel walls, red blood cells, and areas of necrosis. The histologic characteristics of bacillary angiomatosis in immunocompromised patients differ slightly; vascular proliferation and neutrophilic infiltration are more prevalent than granuloma development and stellate abscesses (Farouk *et al.*, 2018).

Immune response

Following infection, *B. henselae* will be identified by the body's immune system as a foreign pathogen. The innate immune system, which includes cells such as neutrophils and macrophages, is activated as an initial reaction (Xi *et al.*, 2024). Both the identification and consumption of bacteria and the generation of cytokines to initiate inflammatory responses are functions of these cells. Swollen lymph nodes surrounding the infection site are common symptoms of CSD that can result from this inflammatory process (Shin *et al.*, 2014).

The adaptive immune system, in addition to the innate immune response, is crucial in the fight against CSD. A more focused immune response against *B. henselae* is guided by T cells, particularly helper T cells (Harms and Dehio, 2012). In order to identify and eliminate microorganisms from the body, activated B cells generate antibodies (Jin *et al.*, 2023). However, occasionally, *B. henselae* infections can last for a long time or develop into a chronic condition, indicating that the pathogen can evade the immune system's total eradication (Bush *et al.*, 2024).

Although the body's immune system fights infections, CSD can still pose problems for some people, particularly those with weakened immune systems (Rolain *et al.*, 2004). The infection can spread to other organs in those with immunological problems, leading to more serious complications such as endocarditis or infections of other internal organs (Raybould *et al.*,

2016). Therefore, proper treatment, such as the use of antibiotics, is extremely important to reduce the risk of further complications.

Although the body's defense mechanisms occasionally fall short, allowing the infection to continue or worsen, the immune response to CSD generally involves a complex interaction between innate and adaptive immunity to identify and defeat the infecting bacteria.

Diagnosis

The heart tissue also contained the DNA of *B. henselae* and *B. quintana* (La Scola and Raoult, 1999). Culturing the *Bartonella* species is not advisable due to its challenging nature. Additionally, blood samples from the majority of cats with *B. henselae*-associated endocarditis showed positive results for the bacteria by DNA amplification but did not demonstrate development of the organism in bacteriological culture (Gouriet *et al.*, 2007). A history of contact with cats and the presence of scratches or primary lesions on the skin, eyes, or mucous membranes, a positive result on the cat-scratch skin test, negative results from laboratory testing for other causes of lymphadenopathy, and distinctive histopathologic findings in lymph node biopsy specimens or at sites of systemic involvement are typically required for the diagnosis of CSD (Hansmann *et al.*, 2005).

The best initial test is an enzyme-linked immunosorbent assay or an indirect fluorescence assay. Serologic testing is more sensitive than culture, but it is less specific because many cats who do not exhibit any symptoms can test positive for the test because of prior exposure, which is frequently asymptomatic (Amin *et al.*, 2022). CSD may be the cause of enlarged lymph nodes if there are scratches or wounds and a history of contact with cats. Physical examination can sometimes reveal splenomegaly or an enlarged spleen (Tirota *et al.*, 2021). Several *Bartonella* species can be found using the polymerase chain reaction (PCR) approach; however, compared with serology, PCR has a lower sensitivity but a very high specificity (Hansmann *et al.*, 2005). For the diagnosis of *Bartonella* species infections, the PCR technique is a highly quick and precise way to identify the species (Johnson *et al.*, 2003). PCR and serology can be used to detect *Bartonella* infection, but PCR is more specific. Culture can also be used to detect *Bartonella*, but PCR and serology are faster and more accurate (La Scola and Raoult, 1999).

Differential diagnosis

CSD is differentially diagnosed as lymphadenopathy, which encompasses other subacute or chronic lymphadenopathy causes (Ridder *et al.*, 2002). This includes nontuberculous mycobacteria, fungi, *Nocardia*, and *Actinomyces*, as well as other granulomatous infections like *Mycobacterium tuberculosis* (Rolain *et al.*, 2006). Malignancies and autoimmune disorders are examples of noninfectious illnesses that can exhibit comparable symptoms. Acute bacterial lymphadenitis

is included in the differential diagnosis during the initial days of illness (Dhal *et al.*, 2021).

Treatment

Treatment strategies for *Bartonella* infections differ according to the patient's immunological status and clinical signs. The research on the effectiveness of antibiotics in vitro and in vivo differs significantly. Numerous antimicrobial drugs, including macrolides, rifampin, β -lactams, third-generation cephalosporins, aminoglycosides, trimethoprim-sulfamethoxazole, and ciprofloxacin, have been reported to be effective against *Bartonella* species in vitro (Mazur-Melewska *et al.*, 2015). Nevertheless, clinical experience has not verified this wide range of activity. Only aminoglycosides had bactericidal effects against *Bartonella* in vitro, whereas the majority of studied antibiotics exhibited bacteriostatic activity. The primary theories for why many antibiotics are unable to penetrate intracellular *Bartonella* sp. are related to their weak bacteriostatic activity and poor cell membrane penetration (Gadila and Embers, 2021).

Antibiotics are not recommended for regional CSD because of its straightforward natural history. Immunocompetent patients with mild to severe infections are managed with reassurance, appropriate monitoring, and painkillers (Smith, 1997). In order to alleviate painful adenopathy, purulent nodes should be aspirated; however, due to the possibility of chronic sinus tract formation, incision and drainage are not advised. Because coalescing abscesses are frequently seen in many septate pockets, the needle must be moved to multiple sites during aspiration (Shin *et al.*, 2014).

Patients with severe lymphadenopathy can benefit from taking 10 mg/kg azithromycin on day 1 and 5 mg/kg daily on days 2–5. Additional antibiotic choices include trimethoprim-sulfamethoxazole (trimethoprim 8 mg/kg per day and sulfamethoxazole 40 mg/kg per day, in two divided doses), ciprofloxacin (20–30 mg/kg per day in two daily doses for two–three weeks), and rifampin (20 mg/kg per day in two divided doses for two to three weeks) (Rolain *et al.*, 2004). Choosing the right treatment for *B. henselae* is increasingly challenging because the clinical spectrum of the disease it causes expands. Observational case studies provide a current understanding of the treatment of hepatosplenomegaly, neuroretinitis, endocarditis, encephalopathy, and bacillary angiomatosis, among other disease processes. Rifampin therapy should be administered for 10–14 days to treat children with hepatosplenic illness and protracted fever, according to limited data. Some specialists advise adding a second agent, such as gentamicin or azithromycin, due to the quick emergence of rifampin resistance (Biswas *et al.*, 2007).

Prognosis

Patients with CSD who are immunocompetent have a good chance of full recovery. Significant morbidity

happens in 5%–10% of instances, mainly as a result of disseminated multisystem disease or involvement of the central or peripheral nervous systems (Pinto *et al.*, 2008). Patients who have only one episode of CSD are immune for the rest of their lives.

Control

Authorities advise against removing cats from houses due to their transient capacity to spread *B. henselae* (Chomel *et al.*, 1995). Antibiotics may or may not be effective against *B. henselae* bacteremia in cats. There is no proof that routinely testing healthy cats for *Bartonella* via culture or serologic testing benefits their owners, according to the 2009 Guidelines for the Prevention of Opportunistic Infections in HIV-infected Adults and Adolescents (Pennisi *et al.*, 2013). The danger of house cats contracting *B. henselae* or spreading it to other cats is decreased by flea treatment (Smolar *et al.*, 2022). The majority of individuals are said to recover from the illness on their own in a few months.

Eliminating fleas from cats and preventing severe injuries from cats are two ways to prevent CSD, which is particularly crucial for those with compromised immune systems (Smolar *et al.*, 2022). The cat should ideally be an adult from a home free of fleas. Only cats that are seronegative can be adopted by potential owners thanks to serological testing (Stepanić *et al.*, 2024). Moreover, trimming the cat claws is recommended. The best defense against *B. henselae* infection is common sense, which includes keeping cats clean and possibly altering cat owners' behavior (Brunt *et al.*, 2006). People should always take the required steps to control fleas, wash their hands after handling a pet, and wipe any cuts, bites, or scratches with soap and water as soon as possible (Foucault *et al.*, 2006). To reduce cat bites and scratches, people should refrain from rough play with cats and kittens.

Conclusion

In conclusion, CSD, caused by *B. henselae*, poses an increasing public health risk, particularly in children. Although often self-limiting, atypical symptoms can occur, thereby complicating diagnosis. Understanding its impact and transmission by pets is vital for effective public health strategies.

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Author's contributions

YP, ARK, HMR, and WT drafted the manuscript. SW, DAAK, BWKW, and IBM revise and edit the manuscripts. KHPR, KAF, SMY, and IFM participated in preparing and critical checking this manuscript. IF, ANMA, RZA, and MKJK edit the references. All authors have read and approved the final manuscript.

Conflict of interest

The authors declare no conflict of interest.

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Data availability

All references are open-access, so data can be obtained from the online web.

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